

# Run United

## 5K Run & 1K Fun Run/Walk

June 20, 2009

War Memorial Park - USS Batfish  
Muskogee, OK



Proceeds to benefit local  
Lake Area United Way Organizations

Sanctioned by USATF

Official Use Only  
Race # \_\_\_\_\_

# Registration Form

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

E-Mail \_\_\_\_\_

Date of Birth \_\_\_\_\_ Age on Race Day \_\_\_\_\_

Male \_\_\_\_\_ Female \_\_\_\_\_

Run: 5K Run \_\_\_\_\_ 1K Fun Run/Walk \_\_\_\_\_

Shirt Size  S  M  L  XL  2XL (add \$2)  3XL (add \$3)

5K Run / 1K Fun Run-Walk with T-Shirt \$20

5K Run / 1K Fun Run - Walk w/out T-Shirt \$15

Total Amount Enclosed \$ \_\_\_\_\_

Please make checks payable to: Lake Area United Way

Mail Registration Form and entry fee to:

Run United 5K  
PO Box 1489  
Muskogee, OK 74402

I know that running a road race is a potentially hazardous activity. I should not enter unless I am medically able and properly trained. I also know that there will be a possibility of traffic on the course. I assume the risk of running in traffic. I also assume any and all other risks associated with entering this event including, but not limited to, falls, contact with other participants, the effects of the weather and the conditions of the roads, all such risks being known and appreciated by me. Furthermore, I agree to yield to all emergency vehicles. I am also fully aware that baby strollers and wheels of any kind, animals and head phones are strictly prohibited, and I agree not to have them on the course. Furthermore, I agree not to go back onto the course after finishing. I am fully aware that it is a fraudulent act to switch race numbers with anyone or allow anyone other than myself to wear my race number, and I agree not to do this. Knowing these facts, and in consideration of your accepting my entry, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf covenant not to sue, and waive and release and discharge any and all race sponsors, race officials, volunteers, local and state police including any and all of their agents, employees, assigns or anyone acting for or on their behalf from any and all damages or liability for death, personal injury or property damage of any kind or nature whatsoever arising out of, or in the course of, my participating in this event, whether same be caused by negligence or fault. This release and waiver extends to all claims of every kind or nature whatsoever, foreseen or unforeseen, known or unknown. The undersigned grants permission to sponsors and or agents authorized by them to use any photos, video tapes, motion pictures, or any other record of this event for any purpose. Minors accepted only with a parent or guardian's signature. No refunds.

Waiver MUST be signed to participate

Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent's Signature if a minor \_\_\_\_\_ Date \_\_\_\_\_

**Early Packet Pick-up** - Pre- registered runners may pick up their packet from 8 am to 5 pm Friday, June 19<sup>th</sup> at:

**BancFirst**  
**2400 Old Shawnee Rd**  
**Muskogee, OK 74403.**  
**(On the corner of York & Shawnee Bypass)**  
**See Stacy Hogle**

**Race Day Registration & Packet Pick-up** - Packets containing t-shirt and race number can be picked up on race day beginning at 7:00 am.

**Start Times** - **8:00am -1K Fun Run/Walk**  
**8:15am - 5K Run**

**Directions - From the North** - On the Muskogee Turnpike, look for Exit 33 (or "Port of Muskogee") just after crossing the Arkansas River. Take this exit and turn left (East) at the stop sign, crossing over the Muskogee Turnpike. Look for the Batfish sign on Left

**From the South** - On the Muskogee Turnpike, look for Exit 33 (or "Port of Muskogee", "War Memorial Park"). Take this exit and turn right (East) at the stop sign and look for the BATFISH sign on the left.

When you see the Batfish sign, turn Left (North). Follow this road for about 1/2 mile. You will pass over railroad tracks and through a gate. When the road dead-ends, turn left into the War Memorial Park parking lot.

**For more detailed directions visit:**  
[www.ussbatfish.com/batfish-location.html](http://www.ussbatfish.com/batfish-location.html)

**Prizes** - Medals will be awarded to the top three overall Male and Female finishers and the top 3 Male and Female finishers in following age groups: 8 and under, 9-12, 13-15, 16-19, 20-24...and so on, in five-year increments to 70+ female and 75+ male. Ribbons will be handed out to all finishers of the 1K Fun Run/Walk. Door Prizes will also be handed out after the race.

**Questions and/or emailed registration form** - Contact Stacy Hogle at 918-683-6932 or email [shogle@bancfirst.com](mailto:shogle@bancfirst.com)

